



**HealthAdvocate<sup>SM</sup>**

## Access confidential services including:

- In the moment telephone support
  - Webinars, videos and articles
  - Work/Life Specialists to help find balance
  - Support for childcare, eldercare, legal and financial issues
- 



**866.799.2485**

Email: [answers@HealthAdvocate.com](mailto:answers@HealthAdvocate.com)

Web: [HealthAdvocate.com/members](http://HealthAdvocate.com/members)