



We're here to help

Online or on the phone, we offer you solutions to help streamline your day.

MYUNUM

Our online administration portal simplifies employee management, provides clear plan visibility, and makes it easier than ever to review bills and submit premiums. All of this saves you time, letting you get back to what's most important.



Painless online billing

Paying and managing bills shouldn't be a headache. From helpful reminders to easy ways to pay, our billing process keeps things simple.



Smart employee benefits management

You can check off benefits tasks quickly with built-in confirmation steps and summary screens that give the transparency needed to manage your company's benefits with confidence.



Paper-free policy setup and onboarding

You can save a few trips to the printer when you set up your employees' new Unum benefits online.



Digital Evidence of Insurability

A digital self-service experience gives your employees quick approval decisions, while having clear transparency into the process.



Clear, centralized plan documentation

Without having to dig through files, you and your employees can easily identify key information about their Unum benefits from a centralized plan document hub.

ASKUNUM

While most common administrative tasks can be completed through MyUnum, we have representatives available to help walk you through your more complex questions and concerns. Our team of specialists is ready to respond to your request when you need them.

Available Monday through
Friday, 8 a.m. to 8 p.m. ET, at
800-ASK-UNUM (800-275-8686)
or email askunum@unum.com.